

FIELD TRIP to ŽOFÍN 2017

Dear students,

thanks a lot for being interested in Biology in English and the field trip to Žofín!

I shall be very happy to spend these three days with you and meet you (or get to know more those of you I've only briefly met before).

Here some information of great importance:



DATES:

We start with dinner on **Monday night (January 23, 6 p.m.)** and finish at any time after lunch on **Thursday afternoon (January 26).**

VENUE:

Lesovna Žofín in Novohradské hory (David was hopefully the only one who mixed it up with Žofín in Prague). We will share it with the French students of our school.

See <http://www.lesovnazofin.cz/>

HOW TO GET THERE (AND BACK):

Check the link

http://www.lesovnazofin.cz/component/option,com_gmaps/task,viewmap/Itemid,30/mapId,1/

or/and find on www.mapy.cz

The distance from Český Krumlov is about 40 km.

Go through Benešov nad Černou and Černé Údolí, then follow the signs leading to Lesovna Žofín.

TRANSPORTATION:

We will need 3 parents ready to bring you there and pick you up, as there are no public means of transport (adventurous, isn't it?).

I can give a ride to 2 to 3 of you, if needed, leaving probably on Monday at about 5 p.m. from school.

COSTS:

490 CZK a day (390 CZK for full board + 100 CZK a night on a mattress in one big mixed dormitory) make 1.470 CZK, minus a fee of 160 CZK paid by our school –

it makes **1.310 CZK** in all.

Please, bring the money to my office (the deadline is Wednesday, January 18)!



PROGRAM:

- selected chapters of Biology in English (concerning organ system of men) – performed by me and by the last-year students
- 15-minute-presentations on whatever topic related to human biology – **created and performed by each of you** (last year, this was the most inspiring matter!)
- TED videos with worksheets –given by me
- dance and yoga lessons – performed by Petra Březinová
- day and night quests full of danger, adventure and especially fun – performed by accompanying teachers
- ice skating and outdoor walks
- sauna

**ADDITIONAL PROGRAM** (we do not promise, but we will try to arrange):

- building a quinzee or any kind of other snow shelters (with a possible stay overnight)
- a talk on nature in the Novohradské hory
- a talk on some adventures you can experience in Canada and Alaska
- a night of songs and music
- a movie night

BRING ALONG:

- your own sleeping bag (a quilt and a pillow are also available, if you prefer)
- clothes for indoor and outdoor activities (Don't forget, it is wintertime!)
- a down sleeping bag and an outdoor mattress (a Therm-a-Rest), if you wish to stay in a snow shelter overnight
- a head lamp, if you have one
- ice skates (if you would like to ice skate)
- a swimming suit (if you prefer to wear for sauna)
- slippers
- some extra money for coffee and drinks

NOTICE:

- **internet access is limited**, so do not count on it! (especially for you presentations)
- the weather might be extreme, bring **warm clothes and a pair of good boots**, otherwise you might miss some great fun outdoors

Looking forward!

Václava Šnokhousová

PS: In case of additional questions call 722 438 818.